

Winter 2006

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## AFTER SCHOOL, OUT OF SCHOOL FUN DAYS & YOUTH PROGRAMS

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**Winter/Spring 2006 Programs offered at City Park Center, 316 Lake Drive  
Call Paul or Talita at 704-638-5295**

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### Afterschool Program

City Park Center and Miller Center offer one of the best After School programs in town! If you need a safe and fun place for your children to go until you get off of work - give us a call.

Dates: Monday – Friday during school year 2:30 - 5:30 p.m. Cost: \$20 wk. city \$40 wk. non-res.



### Jennifer's School of Dance Instructor: Jennifer Paxton

Children as young as 3 years old can come to City Park for Miss Jennifer's School of dance! Children can learn ballet, jazz, tap, point, acrobatics, and baton! Participation in this exciting new program is limited so call today to register. Don't be left out. Sign up today. Register by: 1<sup>st</sup> of each month

Dates: Tuesdays, Jan. – April 6:30-7:30 p.m. Cost: \$35 mo. /city \$70 mo. /non-res.

One time registration fee of \$20



### Shorin Ryu Karate Classes

Thought about becoming a black belt? Experience the new wave of Shorin Ryu Karate. Benefits include: self-defense, discipline, respect, fitness, mental stability and team work. Classes offered for youth ages 5-12 and teen/adult 13 & up. Register: 1<sup>st</sup> of each month Dates: Saturdays, Jan. – Dec. 5-12 yr. olds 10-11 a.m.

13 & up 11-12 noon Cost: \$40 (4 sessions) city \$80 non-res.

Each addtl. family member - \$30/city (4 sessions) \$60 non-res. (4 sessions)



### Fit Happens 4 Kids 2 Coordinator: Clarissa Davis

Parents, give your child the gift of good health this year! This program is designed for children who are battling with obesity. Let certified trainer Clarissa help your child reach a healthy weight and get into shape! Class will offer workouts, information, and outstanding support and motivation.

Registration: on going Dates: Tues., Wed., Thurs. (1/3-4/27) 7-8 p.m.

Cost: \$20/wk. city or \$60 month \$40 wk. non-res. or \$120 month



### Young Olympians Cheer America Coordinator: Rock Hood

City Park is happy to be offering another session of Cheer America. Cheer America is a 15 week program that will improve self-esteem, coordination, and motor skills. Girls 4-14 years old will learn basic fundamentals and fun routines! This program promotes physical fitness, artistic expression, competitive spirit, confidence and poise.

Register by: Thurs., 1/19 6-6:45 p.m. for new students, 6:45 – 7:30 p.m. for returning students

Classes dates: Thursdays, 1/26-4/20 Cost: \$6 class \$78 session 1 time registration fee of \$6

### School's Out Fun Day

School's out today so let's have some fun! Come to City Park for an exciting day. Kids will enjoy crafts, games, trips, and fun times with friends. Register: no later than 1 week in advance Dates: Tues., 1/17 & Wed., 1/18

7:30 a.m. – 5:30 p.m. Cost: \$15 day/city \$30 day/non-res.

### LERN – Junior Civitan Puppet Performance Instructor: LERN Rowan Junior Civitans

Would you like to make a few new friends? Well, come and meet the KIDS ON THE BLOCK! If you are a 3<sup>rd</sup>-5<sup>th</sup> grader or someone who is just young at heart and would like to learn about people with disabilities, join us for this fun and informative afternoon. Mark, Jimmy, Jennifer, Brenda, Mandy, Renaldo, Joanne, Valerie, Melanie, and Ellen Jane will conduct the performance. Register by: Wed., 2/1 no charge Date: Tuesday, 2/7 4:30 – 5:30 p.m.



### February Fun Days

Its time again for fabulous February Fun days! Come to City Park for some exciting days out of school. Kids will enjoy crafts, games, trips, and fun times with friends. Space limited. Register: no later than 1 week in advance

Dates: Monday, 2/27 7:30 a.m. - 5:30 p.m. Cost: \$15 day/ city \$30 day/ non-res.



**Winter/Spring 2006 Programs offered at City Park Center, 316 Lake Drive (continued)**  
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**Small Group Tennis Lessons** Instructor: Sam Post

City Park is your source for beginner group tennis lessons this Spring! Come and learn from a USPTR certified teaching pro with 30 years experience. Group lessons are divided by age and will begin in March.

Register by: 2/28 – need minimum of 6 prepaid participants per class Dates: Saturdays

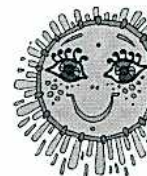
Session I: March 4 – 25 Session II: 4/1 – 4/29 (no class 4/15) Times: 5-7 yr. olds 9-9:45 a.m.

8-10 yr. olds - 10 – 11 a.m., 11-13 yr. olds - 11 – 12 noon Cost: \$30 city \$60 non-res. (per session)

**March Mania**

March mania is in the air at City Park. Kids come and enjoy two fun filled days at City Park Center. School is out so come and have some fun with friends, games, and cool trips! Register: 1 week in advance

Dates: Mon. & Tues., 3/27 & 3/28 7:30 a.m. – 5:30 p.m. Cost: \$15 day/city \$30 day/non-res.



**Spring Break Camp**

City Park is offering one of the best Spring Break Camps ever! We will be offering a full week of fun for kids ages 5-12. Kids will participate in lots of fun games, activities and trips. Space limited. Registration by: 4/10

Dates: Monday-Friday 4/17-4/21 7:30 a.m. - 5:30 p.m. Cost: \$60 wk./city \$120 wk/non-res.

**Summer Pre-Camp**

Get your child's summer started off right with City Park's Summer Pre-camp. Lots of fun activities, trips, and arts & crafts. Spaces will fill up fast. Registration begins Monday, 4/17 for CITY residents only.

Open registration: Monday, 4/24 Camp date: Friday, 6/9 7:30 a.m. - 5:30 p.m. Cost: \$12 city \$24 non-res.

**Super Summer Camp**

Let the summertime fun begin! Join our 8 week super summertime camp at City Park. Our camp offers an exciting variety of educational and recreation activities. Arts & crafts, swimming, games, team building activities, movies, guest speakers and field trips are just some of the fun and excitement you will enjoy. Camp ages are 5-12. Participants will receive a t-shirt and box lunches. Registration begins for CITY residents only on Monday, 4/17

Open registration: Monday, 4/24 Dates: Monday - Friday 6/12 -8/11 7:30 a.m. - 5:30 p.m.

Cost: \$60 wk. city \$120 wk. non-res.

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**Winter/Spring 2006 Programs offered at the Civic Center, 315 S. Boundary St.**

**Call Jeff or April at 704-638-5275**

**YOUTH PROGRAMS**

**Crescent Cloggers** Instructor: Ginger Fagan (Classes for all ages)

Step into some new shoes and join the Crescent Cloggers with Ginger Fagan. This popular growing clogging group is open to all ages and offers clogging classes at any skill level. With over 14 years of teaching and competitive experience, Ginger instructs a variety of fun clogging routines that inspire any age level you can imagine! The Crescent Cloggers perform at various festivals and outings throughout the year so it's fun for everyone. Sign up today and enjoy the ultimate clogging experience. Three different class levels: Beginner: this class is broken down into rhythm, basic clogging steps and routines so that it may be easily learned in a comfortable atmosphere.

Intermediates: This class refines clogging into more fun steps & dances.

Advanced: This class is geared at a faster pace for the real energetic type.

Winter season calendar: Wednesdays: 1/4 – 4/26, Intermediate: 5:30 – 6:15 p.m., Advanced: 6:15 – 7 p.m.

Beginner: 7-7:45 p.m., On going registration, 1<sup>st</sup> session begins 1/4/06

Cost: \$15 city \$30 non-res. per session (2 months)



**Just for Kicks Karate** Instructor: Fred Payne

Learn the skill of martial arts. There are several different styles. Shorin Ryu Karate will provide detailed training that will enhance the following areas: discipline, respect, fitness, mental stability, and self defense.

Register 1 week prior to event date Dates: Thursdays, 1/5-4/27, Time: 6-7 p.m. for (5-12 yr. olds)

7-8 p.m. for (13 & up) Cost: \$ 40 month/city \$80 non-res.



**Winter/Spring 2006 Programs offered at the Civic Center, 315 S. Boundary St. (continued)**  
**Call Jeff or April at 704-638-5275**

**Hip Hop Dance Instructor: Young Olympians**

Hip Hop is a fun and exciting dance program for children ages 4-14. It promotes coordination, confidence, artistic expression, and physical fitness. Development of rhythmical awareness and dance education is provided for all levels from beginners through advanced. Register on 1/17 from 6-8 p.m.

Dates: Tuesdays, 1/17-4/25 – no classes 2/21, 2/28, or 3/28 Ages: 4-6 6-6:45 p.m.  
Ages 7 & over 6:45-7:30 p.m. Cost: \$6 per class /\$72 per session



**Crafts for the Creative**

Instructor: Connie Foss

Let your creative juices flow. Create colorful, memorable, and innovative pieces by using plaster of paris molding. Sure to be lots of fun for everyone. Don't hesitate...you'll be disappointed if you do. We have crafts for all occasions: Valentine, Easter, etc. Register: 1 week prior to event Dates: Wed., 2/8 & Tues., 3/14 5:30-6:30 p.m. Cost: \$3/craft mold city \$6/non-res.



**MYGEMS Glow in the Dark Slime Time K-5<sup>th</sup> grade Instructor: Tabalech Shipp**

Participants will be introduced to the properties of matter in this gooey substance. They will make slime in their favorite color and explore those properties. You will also eat a special polymer treat. How neat to create your very own slime! Register: 1 week prior to class Date: Thursday, 2/9 6-8 p.m. Cost: \$10 city \$20 non-res.

**MYGEMS Forensic Science Ages 14 & up Instructor: Tabalech Shipp**

Participants will learn how to survey a "crime scene" for viable evidence. Gain detailed knowledge on finger printing techniques, conduct various test samples of modern day narcotics to verify their content, etc. All supplies included in fee. If you like CSI then you will definitely like this hands on class.

Register: 1 week prior to event Date: Thursday, 2/16 6-8 p.m. Cost: \$12 city \$24 non-res.

**MYGEMS Edible Molecules Grades 2-8 Instructor: Tabalech Shipp**

Youth will build a water molecule that they will eat after they study the two chemical compounds that were used to create the product. You will also make your own special formula from the periodic table. Let your creative juices flow. Don't miss out on this fun and innovative class. Register: 1 week prior to class

Date: Tuesday, 3/21 6-8 p.m. Cost: \$10 city \$20 non-res.

**The Children's Art Show Coordinator: Carolina Artists**

Carolina Artists along with the parks and recreation department are sponsoring their 1<sup>st</sup> annual children's art show. Rowan county students from K-12<sup>th</sup> grade will be eligible to enter up to 3 pieces of artwork in any two-dimensional medium. There will be a \$1 fee per entry. Categories: K-1, 2-3, 4-5, 6-8, and 9-12 grades. Entries will be judged by Carolina Artists and ribbons will be awarded in each category. The show is free and open to the public. Donations gratefully accepted. Dates: Friday, 3/31 5-8 p.m., Saturday, 4/1 10 a.m. – 1 p.m.



**Eastside Community Easter Egg Hunt**

Believe it or not, it's that time again. EASTER! Get your pretty, decorative baskets and come to the Civic Center to see who can find the most eggs. We will have lots of exciting games/activities for the kids. Search for the neon egg and receive extra prizes. Refreshments provided to participants. Date: Thursday, 4/13, 5-6:30 p.m. No Charge.

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**Winter/Spring 2006 Programs offered at Miller Recreation Ctr., 1402 W. Bank Street**  
**Call D'Marius or Lakai at 704-638-5297**

**YOUTH PROGRAMS**

**After School Program (ages 5-12)**

This program is an action packed recreational and educational program designed to meet the needs of the working parent. This program will enrich the lives of youth through mentoring, study aids, and peer interaction. We will focus on various activities that will be both fun and educational. Registration: on going

Dates: Monday - Friday during school year. 2:30 – 6 p.m. Cost: \$20 wk. city \$40 wk. non-res.





**Winter/Spring 2006 Programs offered at Miller Recreation Ctr., 1402 W. Bank Street (continued)**  
**Call D'Marius or Lakai at 704-638-5297**



**Open Recreation (ages 5-18)**

This program is organized to provide recreation for the community. The gym at Miller Center will be open for patrons to enjoy free play basketball, computer games, and staff interaction.

Dates: Monday – Friday during school year 6 – 7:30 p.m. no charge

**Study Pals**

Do you need help with your homework? Do you have problems you just can't work out? Join the Miller Center staff along with volunteers from Livingstone College as we introduce our study pals program. This program is designed to help school aged kids with various types of homework and problems. Let us help you work those problems out! Dates: Mondays, on going through school year from 5-6 p.m. no charge

**Schools out Fun Days**

Join us at Miller Center for our school's out fun days. Bring your child to us and we'll make sure they have days loaded with fun. Kids can enjoy computer games, outdoor play, local trips, and more. Snacks and a bag lunch must be provided. Let's have some fun while school is out. Dates: 1/17 & 1/18, 2/27, 3/27 & 3/28  
7:30 a.m. – 5:30 p.m. Cost: \$15 day/city \$30 day/non-res.

**Miller Center Magic Class**

Instructor: Bill Ragsdale



This program is great for youth ages 8 to adults. Learn the basic fundamentals of magic and teach participants how to do various magic tricks. Fun for the whole family. Dates: Wednesdays, 2/1, 2/8, 2/15 & 2/22  
6-7 p.m. Cost: \$20 (4 wk. session) city \$40 non-res.

**Dr. Martin Luther King Jr. "I Have a Dream" Oratorical Contest**

Have you ever dreamed? Have you ever looked at society and thought how you imagined the world to be. This is your chance to tell your story. The essay contest will be based on "What your dream or vision of the world is, and how you could make it a better place. Each essay will be judged in three age brackets 7-8, 9-10, and 11-12. Each winning essay will receive a gift, compliments of Miller Center. Dates: Monday – Friday 1/2-1/13  
Essay deadline: 1/13



**Little Bonni's Ninjas Instructor: Bonni Ernst**

This activity is designed to teach the fundamentals of Tae Kwon Do through strengthening the body, increasing physical coordination, flexibility, balance and mental acuity. If you are between the ages of 4-12 yrs. old and want to learn martial arts in a team oriented environment, this is for you! Registration: on going  
Dates: Mondays 6-7 p.m. Cost: \$30 mo./city \$60 mo./non-res.

**Art Classes Instructor: James Donaldson**

This program is for youth ages 5-14. Come and learn the fundamentals of art. Learn various art techniques and the different ways art is created. Dates: Thursdays beginning 1/26 from 6-7 p.m. for 6 weeks  
Cost: \$20 city \$40 non-res. (6 wk. session)



**Valentine's Day Cookie Baking Class Instructor: Quatavia Becton ages 5-12**

Do you like cookies? Learn how to make a variety of valentine day cookies. Register by: 2/6  
Date: Monday, 2/13 6-7:30 p.m. Cost: \$5 city \$10 non-res. Limited to first 20 participants



**Easter Eggstravaganza Egg Hunt**

Join us for a day of fun and prizes as we introduce our Easter Eggstravaganza Hunt. This event is for youth ages 5-12. Prizes and gifts awarded to all winners. Date: Thursday, 4/13 4-5 p.m. no charge

**Spring Break Camp**

This program will be fun for youth ages 5-12. Join us for an action packed camp during spring break. Activities include: sports, movies, educational games, and arts and crafts. Space limited – sign up today. Register by: 4/10  
Dates: Monday – Friday 4/17-4/21 7:30 a.m. – 5:30 p.m. Cost: \$60 wk./city \$120 wk./non-res.

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**Miller Center Summer Sports Pre-Camp** ages 5-12

Calling all cheerleaders, football players, basketball players, baseball players, and soccer players. This one day camp is especially for you. This is our 1<sup>st</sup> ever summer sports pre-camp. This one day camp will teach the fundamentals of all types of sports for boys and girls. This camp will also give one on one interaction to all participants. If you love sports then come join the fun. Registration beginning: 4/24

Date: Friday, 6/9                      2:30-6 p.m.                      Cost: \$ 15 city \$30 non-res.



**Sensational Summer Camp at Miller Center**

School's out and it's time to have fun. This camp is designed to bring excitement, entertainment, and fun for youth ages 5-12. Camp includes trips, special events, arts and crafts and other fun summer activities.

Registration begins: 4/24    Camp dates: 6/12-8/11 7:30 a.m. – 5:30 p.m    Cost: \$60 wk/city \$120 wk/non-res.